

St Clare's Primary School Menu

Lent 1 2020/21



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	CHICKEN NUGGETS	BEEF PASTA BOLOGNESE	MEAT FEAST PIZZA	ROAST CHICKEN IN GRAVY	FISH PORTION
VEGETARIAN	QUORN DIPPERS	QUORN PASTA BOLOGNESE	CHEESE AND TOMATO PIZZA	QUORN PIECES IN GRAVY	QUORN FISHLESS FINGERS
SIDES	DICED POTATOES	SEASONAL VEGETABLES	GARLIC DOUGH BALLS	ROAST POTATOES AND SEASONAL VEGETABLES	CHIPS AND BEANS
PASTA OR SANDWICH	JACKET POTATO AND CHEESE WITH SALAD	TUNA AND SWEETCORN PASTA	WHOLEMEAL CHICKEN SANDWICH	JACKET POTATO AND BEANS WITH SALAD	CHEESE SANDWICH
PUDDING	ANGEL DELIGHT	VIENNESE BISCUITS	VANILLA CUPCAKES	SHORTBREAD	CHOCOLATE CUPCAKES
EXTRAS	FRUBES AND SULTANAS	FRUIT	FRUBES AND SULTANAS	FRUIT	FRUIT





Allergen Information

Lent 1 2020/21

														
DISH	Celery	Cereal gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN NUGGETS		WHEAT												
QUORN NUGGETS		WHEAT		X			X							
JP CHEESE							X							
ANGEL DELIGHT							X							
BEEF PASTA		WHEAT												
QUORN PASTA		WHEAT												
TUNA PASTA		WHEAT		X	X		X							
VIENNESES BISCUITS		WHEAT					BUTTERMILK							
MEAT PIZZA		WHEAT					X							
VEG PIZZA		WHEAT					X							
CHICKEN SANDWICH		WHEAT					BUTTERMILK							
VANILLA CUPCAKE		WHEAT		X			BUTTERMILK							
ROAST CHICKEN		WHEAT/BARLEY											X	
QUORN IN GRAVY	X	WHEAT/BARLEY		X									X	
JP BEANS														
SHORTBREAD		WHEAT					BUTTERMILK							
FISH FINGERS		WHEAT			X									
QUORN FINGERS		WHEAT												
CHEESE SANDWICH		WHEAT					BUTTERMILK/MILK							
CHOCO LATE CUPCAKES		WHEAT		X			BUTTERMILK							
FRUBES							X							

