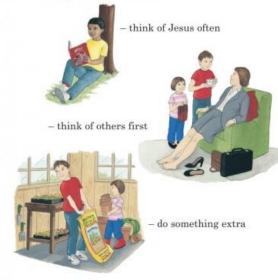
I can make a Lenten promise.

I can recognise that I do this because of my religion.

Lenten pray promise charity help tidy give up





- give up something



because we remember how much Jesus loves us.

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