

St Clare's Primary School Menu

WEEK TWO

Pentecost 2020/21

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	CHICKEN AND RICE TRAYBAKE	BEEF MEATBALLS IN TOMATO SAUCE AND PASTA	MEAT PIZZA	ROAST PORK	FISH PORTION
VEGETARIAN	QUORN AND RICE TRAYBAKE	QUORN BALLS IN TOMATO SAUCE AND PASTA	CHEESE AND TOMATO PIZZA	VEGETARIAN SAUSAGE ROLL	QUORN FISHLESS FINGERS
SIDES	SEASONAL VEGETABLES	CRUNCH CHEESEY BREAD	GARLIC DOUGH BALLS	ROAST POTATOES AND VEGETABLES	CHIPS AND BEANS
PASTA OR SANDWICH	WHOLEMEAL TUNA SANDWICH	JACKET POTATO AND CHEESE	SPICY TOMATO PASTA	WHOLEMEAL CHEESE SANDWICH	JACKET POTATO AND BEANS WITH SALAD
PUDDING	SHORTBREAD	CHOCOLATE AND PEAR CUPCAKES	CHERRY AND SULTANA TRAYBAKE	FLAPJACK	LEMON DRIZZLE CUPCAKES
EXTRAS	FRUIT	FRUBES AND SULTANAS	FRUIT	FRUBES AND SULTANAS	FRUIT











Allergen Information

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DISH	Celery	Cereal gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN AND RICE	X													
VEGETABLE KORMA	X													
TUNA SANDWICH		WHEAT			X		X							
SHORTBREAD		WHEAT					X							
BEEFBALLS AND PASTA		WHEAT												
QUORN PASTA		WHEAT												
CHEESE BREAD		WHEAT					X							
J.P CHEESE							X							
CHOCO/PEAR CUPCAKES		WHEAT		X			BUTTERMILK							
MEAT PIZZA		WHEAT					X							
VEG PIZZA		WHEAT					X							
DOUGH BALLS		WHEAT					X							
SPICY PASTA		WHEAT												
CHERRY TRAYBAKE		WHEAT		X			BUTTERMILK							
ROAST PORK		WHEAT/BARLEY											X	
VEG SAUSAGE ROLL		WHEAT											X	
CHEESE SANDWICH		WHEAT					X							
FLAPJACK		WHEAT					BUTTERMILK							
FISH FINGERS		WHEAT			X									
QUORN FINGERS		WHEAT												
J/P BEANS														
LEMON DRIZZLE		WHEAT		X			BUTTERMILK							
FRUBES							X							

