St Clare's Primary School Menu WEEK TWO Advent 1 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MEAT	SWEET AND SOUR CHICKEN	BEEF MEATBALL IN TOMATO SAUCE	PORK SAUSAGE AND MASH	ROAST CHICKEN	FISH FINGERS	
VEGETARIAN	VEGETARIAN THAI GREEN CURRY	QUORN MEATBALLS IN TOMATO SAUCE	QUORN SAUSAGE AND MASH	VEGETABLE NUGGETS	QUORN FISHLESS FINGERS	
SIDES	RICE	SPAGHETTI AND CHEESY BREAD	SEASONAL VEGETABLES	ROAST POTATOES AND SEASONAL VEGETABLES	CHIPS AND BEANS	
JACKET POTATO OR SANDWICH	JACKET POTATO WITH CHEESE	HOT HAM AND CHEESE WRAP	CHICKEN SANDWICH	JACKET POTATO AND BEANS	CHEESE SANDWICH	
PUDDING	VANILLA CUPCAKE	VIENNESE BISCUITS	LEMON AND POPY SEED CAKE	CHOCOLATE COOKIES	JAM AND COCONUT SPONGE	





Allergen Information Advent 1 2021 Week 2 X=Contains ?= May Contain

						Lupin Flour	Milk		MUSTARD					WINE
DISH	Celery	Cereal gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sweet and Sour Chicken														
Veg Thai Green Curry														
JP Cheese							х							
Vanilla Cupcake		WHEAT		Х			BUTTERMILK							
Beef Meatballs/Spaghetti		WHEAT												
Cheesy bread		WHEAT					Х							
Quorn Meatballs		WHEAT/BARLEY			Х									
Ham and Cheese Wrap		WHEAT					X							
Viennese Biscuit		WHEAT					BUTTERMILK							
Pork sausage		WHEAT												х
Quorn Sausage		WHEAT		х			х						Х	
Chicken Sandwich		WHEAT/BARLEY					BUTTERMILK					?		
Lemon and Poppy Seed Cake		WHEAT		Х			BUTTERMILK							
Roast Chicken														
Vegetarian Nuggets		WHEAT												
JP Beans														
Chocolate Cookies		WHEAT		Х			?						?	
FIsh Portion		WHEAT			Х									
Quorn Fingers		WHEAT												
Cheese Sandwich		WHEAT/BARLEY					BUTTERMILK/MILK					?		
Jam and Coconut Sponge		WHEAT		Х			BUTTERMILK							
Yogurt							Х							C). ULARE