

St Clare's Primary School Menu

LENT 2021 WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	CARIBBEAN BBQ BREADED CHICKEN	SAUSAGE PATTIE	BEEF LASAGNE	ROAST CHICKEN	FISH FINGERS
VEGETARIAN	QUORN DIPPERS	QUORN PATTIE	CHEESY FILLED TORTELLONI IN CHEESE SAUCE	VEGETARIAN SAUSAGE ROLL	QUORN FISHLESS FINGERS
SIDES	RICE AND SWEETCORN	POTATO WEDGES AND SEASONAL VEGETABLES	GARLIC BREAD	ROAST POTATOES AND SEASONAL VEGETABLES	CHIPS AND BEANS
JACKET POTATO OR SANDWICH	JACKET POTATO WITH BEANS	CHEESE SANDWICH	JACKET POTATO WITH SPICY MEATBALLS	TURKEY SANDWICH	JACKET POTATO AND CHEESE
PUDDING	CHOCOLATE COOKIES	VANILLA CUPCAKES	RASPBERRY MOUSSE SLICE	VIENESSE BISCUITS	BLUEBERRY MUFFINS





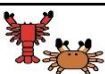











Allergen Information

LENT 2021 Week Two

X=Contains ?= My Contain



														
DISH	Celery	Cereal gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Caribbean chicken		wheat												
Quorn dippers		wheaT		X			X							
JP beans														
Chocolate cookies		WHEAT		X			?						?	
Sausage pattie		Wheat					x							
Quorn pattie		WHEAT/barley		x			X							
Cheese sandwich		Wheat					x							
Vanilla cupcakes		WHEAT		x			X							
Beef lasagne		WHEAT					x							
Cheesy tortelloni		WHEAT		x			x							
Garlic bread		WHEAT					X						X	
JP meatballs		WHEAT					x		x					
Raspberry mousse		WHEAT		X			x						x	
Roast Chicken /gravy		Wheat/barley											x	
veg sausage roll		WHEAT												
Turkey sandwich		wheat					buttermilk							
Viennese biscuits		WHEAT					buttermilk							
Fish Portion		WHEAT			X									
Quorn Fingers		WHEAT												
JP Cheese							x							
Blueberry muffin		WHEAT		X			x			?	?		?	
yoghurts							X							

