

St Clare's Primary School Menu

Advent 2022 Week 1

w/c Aug 22nd Sept 5th,19th Oct3rd,31st Nov 14th,28th Dec12th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	BEEF MEATBALLS IN A BBQ SAUCE	SAUSAGE AND BACON	ROAST CHICKEN AND GRAVY	PEPPERONI PIZZA	FISH PORTION
VEGETARIAN	QUORN MEATBALLS IN A BBQ SAUCE	QUORN SAUSAGES	VEGETABLE PASTRY	CHEESE AND TOMATO PIZZA	FISHLESS FINGERS
SIDES	PASTA AND GARLIC BREAD	BEANS AND HASH BROWN	ROAST POTATOES SEASONAL VEGETABLES	DICED POTATOES	CHIPS AND PEAS
PASTA OR SANDWICH	JACKET POTATO TUNA MAYONNAISE	CHEESEY POTATO SKINS	JACKET POTATO AND MEATBALLS	CHEESE PANINI	CHEESE SANDWICH
PUDDING	ANGEL DELIGHT	COCONUT MACAROONS	ICE-CREAM	CHOCOLATE KRISPIE CAKE	CARROT AND ORANGE CAKE



















Allergen Information

Lent 2022 Week 1

X=Contains ?=May Contain



														
DISH	Celery	Cereal gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BEEF MEATBALLS		WHEAT												
QUORN MEATBALLS		WHEAT		X										
PASTA		WHEAT												
GARLIC BREAD		WHEAT					X							
J.P TUNA				X	X									
ANGEL DELIGHT							X							
SAUSAGE/BACON		WHEAT												X
QUORN SAUSAGE		WHEAT BARLEY		X			X							
CHEESE POT SKINS							X							
COCONUT MACS		WHEAT		X										X
ROAST CHICKEN		WHEAT BARLEY											X	
VEG PASTRY		WHEAT												
CHEESE PANNINI		WHEAT					X							
ICE CREAM							X							
MEAT PIZZA		WHEAT					X							
C&T PIZZA		WHEAT					X							
J.P MEATBALLS		WHEAT					X		X					
KRISPIE CAKES		WHEAT					X							
FISH		WHEAT			X									
FISHLESS FINGERS		WHEAT												
CHEESE SANDWICH		WHEAT					X							
CARROT AND ORANGE CAKE		WHEAT		X			X							

