THE STABLE W/c Jan 2nd; Jan 16th; Jan 30th; Feb 13th; Mar 6th; Mar 20th; Apr 17th; May 1st; May 15th; Jun 5th; Jun 19th; Jul 3rd											
Monday	Tuesday	Wednesday	Thursday	Friday							
Chicken Korma	Pork Patties	Meat Pizza	Roast Chicken in gravy	Fish Portion							
Quorn Korma	Vegetarian Sausage Roll	Cheese & Tomato Pizza	Quorn Dippers	Quorn Fishless Fingers							
Sides: Long Grain Rice & Naan Bread	Sides: Croquette potatoes & Seasonal vegetables	Sides: Diced Potatoes	Sides: Roast Potatoes and Seasonal Vegetables	Sides: Chips and Beans							
Jacket Potato with Cheese	Hot Cheese and Tomato Pasta	Jacket Potato and Baked Beans	Pesto and Tomato Pasta Pot	Cheese Toastie							
Angel Delight	Shortbread	Cupcakes	Cookies	Rice Krispie Cake							

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the STAble

Lent & Pentecost

w/c Jan 9th; Jan 23rd; Feb 6th; Feb 27th; 13th Mar; 27th Mar; Apr 24th; May 8th; May 22nd; Jun 12th; Jun 26th; Jul 10th

Monday

Sweet Chilli Chicken and Rice

Salmon and Sweet Potato Fishcakes

Sides: Seasonal vegetables

Jacket Potato with Cheese

Viennese Biscuits



Tuesday

Sausage and Bacon

Cheese and Onion Puffs

Sides: Hash Browns and Beans

Tuna Mayo and CheesePasta Pot

Fruit Jelly



Wednesday

Roast Gammon

Quorn Fillet and Stuffing

Sides: Roast Potatoes and Seasonal Vegetables

Bacon, Lettuce and Tomato Mayo Pasta Pot Sponge and Custard



Thursday

Beef Bolognese Canneloni

Quorn Bolognese and Pasta

Sides: Garlic Bread

Jacket Potato and Italian-Style Chicken

Ice Cream



Always available!

Fish Portion

Quorn Fishless Fingers

Sides: Chips and Peas

Cheese Sandwich

Cupcakes





Allergen Information - Week 1 X=Contains ?=May Contain



	¥.	N	¥.			Lupin Rour	Milk		MUSTARD				~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	
DISH	Celery	Cereal gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken korma							Х							
Quorn korma				X			Х							
Nann bread		wheat					Х							
J.P. cheese							Х							
Angel Delight							Х							
Pork patties													X	
Veg Roll		wheat												
Croquette pot		Wheat					Х							
Cheese pasta		wheat					Х							
Shortbread		wheat												
Meat pizza	?	wheat					Х							
C&T pizza	?	wheat					Х							
Cupcakes		Wheat												
Chicken in gravy		Barley wheat											x	
Quorn dippers		wheat		Х			Х							
Green pesto pasta		wheat												
Cookies		wheat		x			?						?	
Fish		Wheat			Х									
fishless fingers		Wheat												
Cheese toastie		Wheat					Х							
Rice krispie cake		Wheat					Х							





Allergen Information - Week 2 X=Contains ?=May Contain



	*		×.			Lupin Flour			MUSTARD	N			e e e e e e e e e e e e e e e e e e e	THE
DISH	Celery	Cereal gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli chicken														
Salmon fishcakes		wheat			х									
J.P cheese							х							
Vienesse biscuit		wheat												
Sausage		Wheat												Х
Cheese puff		wheat					Х							
jelly														
Quorn and stuffing		Wheat Barley		х			х							
Blt mayo pasta		Wheat		х			Х							
Sponge/custard		wheat		Х			Х						X	
Cannelloni		wheat		Х			Х						X	
Quorn bolognaise		Wheat barley		х										
Garlic bread		wheat					?						?	
Italian chicken J.P							Х							
Ice cream							Х							
Fish		wheat			Х									
Fishless		wheat												
Cheese sandwich		WHEAT					Х							
Choco cupcakes		WHEAT		Х										

